

# Download Sample Cheer Camp Schedule

UCA's Spirit Xpress Camps and Competitions are exclusively offered in the state of North Carolina. UCA Spirit Xpress Camps are a special camp type where you are able learn how to improve your Game Day, Stunting, and Leadership skills just like you would at a traditional UCA Camp combined with learning new tumbling skills from the expertise of Spirit Xpress for this ultimate camp type!As CheerSurge strives to deliver an instructional program that is individualized to the abilities/wishes of each camper, it is critically important that each cheerleader is evaluated resulting in an individualized cheer plan. It should be noted that the opinions/wishes of the camper and parent will be honored to the highest extent. A senior high school camper planning to try out for a ...Overnight Camp. From opening night camp fires to spending your days soaking up the sun, making a splash on Barlow Lake, or horseback riding, YMCA Camp Manitou-Lin offers a unique and memorable experience.Follow us on Twitter Questions? Email Coach Lester - lester@friscoisd.org IHS Cheer: Home Page > ...